

## Identified Risks of Participation

This is an Informed Consent Form for Minors, which identifies risks of participation in P.E. and Recess and a Waiver and Release by parent/guardians.

Injury may result from your participation in P.E. and/or Recess. There will also be nature based learning activities which include but are not limited to: nature walks, yoga, dance classes, movement classes, etc. You are expected to familiarize yourself with the gym and playgrounds and what is required, rules of conduct for P.E./Recess as well as TCS policies. You are expected to follow proper operating procedures, including safety procedures as outlined by the P.E. and recess instructors, plus any directions given by an authorized TCS employee or parent volunteer.

I acknowledge that I have familiarized myself with P.E. and Recess and what is required, will follow the rules of conduct, will follow the operating procedures, and will follow any directions given by an authorized school employee or parent volunteer.

The undersigned, the legal guardian of (hereinafter referred to as the 'student'), a student at TCS under eighteen years of age, in consideration of student's participation in P.E. and/or Recess, do hereby agree to this waiver and release of liability.

I recognize that participation in TCS P.E. and/or Recess and nature based learning activities may involve moderate to strenuous physical activity and may cause physical and/or emotional distress to participants. There may also be associated health risks. I state that this student is free from any known heart, respiratory, or other health problems that could prevent his/her from safe participation in any of the activities.

I certify that I have medical insurance or otherwise agree to be personally responsible for costs of any emergency or other medical care that he/she receives. I agree to release The State of Utah, Treeside Charter School and their agencies, departments, officers, employees, agents, and all sponsors, officials and staff or volunteers from the cost of any medical care that he/she receives as a result of participation in P.E. and/or Recess.

I further agree to release the State of Utah, TCS, their agencies, departments, officers, employees, agents, and all sponsors, officials and staff or volunteers from any and all liability, claims, demands, breach of warranty, negligence, actions, and causes of actions whatsoever for any loss, claim, damage, injury, illness, attorney's fees or harm of any kind or nature arising from this student's participation in TCS's P.E. and/or Recess. This release extends to any claim made by parents or guardians or their designees arising from or in any way connected with the aforementioned activities.

### CONSENT

Consent is expressly given, in the event of injury, for any emergency aid, anesthesia and/or operation if, in the opinion of the attending physician, such treatment is necessary. I have carefully read and understand the contents and language of this consent form and I specifically intend it to cover this student's participation in the above stated TCS P.E. and/or Recess.